

# Museums Inspiring Memories

A consultation: Using Amgueddfa Cymru's sites and collections to benefit the health and wellbeing of those affected by dementia

**St Fagans National Museum of History / 11 am – 2.30 pm / 1 Dec 2022**

**Museums Inspiring Memories** is a 3-year partnership project between Amgueddfa Cymru and Alzheimer's Society Cymru, with the purpose of developing and delivering practical ways to engage with and to improve the quality of life of people affected by dementia, through access to museum resources and sites.



## What is the event?

This is one in a series of events, at which we hope to gather ideas and experiences to shape the work of the project. Come along to hear more about the project, and to help shape the creation of:

- a Dementia Voice in Heritage Group to help steer and shape the project and create new activities for our museums
- a dementia awareness training package for heritage sector staff
- a training session for carers / care sector staff in using museum resources with those that they care for

## Who is it for

- People living with dementia and carers from the community (separate events will be held for those within the care sector)
- Heritage sector staff and volunteers
- Interested representative organisations

## Useful to know

- With conversations looking at the barriers to accessing and engaging with Amgueddfa Cymru sites and collections, an experience of visiting or accessing its sites and/or collections would be useful
- Support is available should travel pose a barrier to attending
- Lunch will be provided

If you would like to attend, please let us know by registering [here](#): (an account will need to be created). Alternatively, please contact Gareth Rees on [gareth.rees@museumwales.ac.uk](mailto:gareth.rees@museumwales.ac.uk)

We hope to see you there!



## Programme

11:00am	<b>Arrival</b> Tea and coffee
11:30am	<b>Amgueddfa Cymru – spaces and collections for all</b> <ul style="list-style-type: none"><li>• Introducing ‘Museums Inspiring Memories’ – Gareth Rees, Dementia Voice Lead, Amgueddfa Cymru</li><li>• Why access to museum sites and collections is important</li><li>• The potential of objects to evoke memories and emotions: an opportunity to engage with items</li></ul>
12:00pm	<b>10-minute break</b>
12:10pm	<b>Barriers for people affected by dementia</b> A table-based discussion on the barriers inhibiting people affected by dementia, and what Amgueddfa Cymru could do to help remove those barriers
12:30pm	<b>Lunch break</b>
1:30pm	<b>Care and support needs at museum sites</b> A table-based discussion with an opportunity to share your experiences and knowledge
1:50pm	<b>10-minute break</b>
2:00pm	<b>Training and development needs</b> A table-based discussion on what is needed to create a supportive and accessible experience for people affected by dementia from multiple perspectives - including those working or volunteering within the heritage sector
2:20pm	<b>Closing remarks</b> Reflections from participants and thank you
2:30pm	<b>Close</b>