

December 2020 Newsheet

for Dementia Friendly Community Leads across the Vale of Glamorgan

This newsheet has been created to support you in your local Dementia Friendly Community work, and provide you with information about the priorities and activities of the Dementia Friendly Communities UK-wide network.

Wales International Dementia Conference



If you would like to **join this virtual event** on 2nd and 3rd February from 1:00 – 5:00 p.m. via Zoom, you can register [here](#).

Planned themes include **dementia care research, initiatives to support people** affected by dementia and **learning as a result of Covid-19**.

Carer Emergency Grants



Carers Trust South East Wales recently launched the **Carers Emergency Grants Scheme for unpaid carers**.

Round 2 of grant applications **begins on 1st January and ends on 18th January 2021**. You can access the application form via the Carer's Trust website:

<https://www.ctsew.org.uk/carers-support-fund-grants>

Other support for unpaid carers

MeTime



Free online sessions are running **until March 2021 for carers** to take part in a variety of activities, for their own enjoyment.

You can find out more information about upcoming sessions, [here](#).

Supporting people living with dementia during Christmas



Alzheimer's Society has produced some **practical tips** if you are **supporting a person living with dementia this Christmas**, or know someone who is. You can find out more information, [here](#).

Memory Cafes



If you are a **Memory Café organiser** and would like to **exchange support and ideas** with others in similar roles as your services adapt during Covid-19, volunteer Diane Rowley has set up the following Facebook group:

<https://www.facebook.com/groups/392254035103145/>

This One's for You



Penarth Sounds is offering to put together a **personalised radio show** for people living with dementia or their carers.

For more information email ingrid.patterson@mariecurie.org.uk or visit the Penarth Sound's website by following the link, [here](#).

Approaching local businesses to pledge their support



A **flyer** has been produced to **support local businesses** to become more aware of the **needs of people living with dementia** who are using their services.

Please email ingrid.patterson@mariecurie.org.uk if you would like a copy of the resource to circulate in your local community.

Thank you



Thank you for your commitment to the aims of Dementia Friendly Communities during what has been a challenging year.

With best wishes for a Happy Christmas and a peaceful 2021,
Ingrid